

PNEUMANETICS

ORIGINAL

BOOK 16

A GOD FOR ALL SEASONS

BY
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WORKBOOK

DAY ONE

JESUS AS GOD

Jesus came to reveal the heavenly Father. The purpose of this study is to reinforce this truth in your own mind, so that you might enjoy the benefits that are rightfully yours as an adopted child of God.

1. What did Jesus tell the Jews in John 10:30?

2. Read John 14:8. What did Philip want to see?

3. In John 14:9-10, how did Jesus reply to Philip?

4. Read John 14:6. What does Jesus say is the only way we can come to know the Father?

5. Read John 5:18. Why were the Jews trying to kill Jesus?

6. In John 5:19, what did Jesus tell the Jews was his motivation for the things that He said and did?

7. Read John 5:43. In whose name did Jesus say He came?

8. Read John 8:58. Notice that Jesus refers to Himself as “I am” in this verse. Now read Exodus 3:14. Based on how God describes Himself to Moses in this verse, what do you think Jesus was saying in John 8:58?

9. Read John 17:26. What did Jesus say that He came to do?

10. According to 2 Corinthians 6:18, what is God's promise to His people? Does this include you and me?

DAY TWO

A FATHER

1. Read Psalm 68:5. In your own words, what do you think this verse means?

2. If God is a Father—especially a Father to us—then we need to know some of His Fatherly characteristics. (For example, in 2 Corinthians 1:3, Paul calls God “the Father of mercies and God of all comfort.” So we could say that two characteristics of our Father are (1) that He is merciful toward us, and (2) that He comforts us. Read Psalm 3:3–5. Based on this passage, list at least four characteristics of what God is to you as a Father.

1.

2.

3.

4.

3. According to Zephaniah 3:17, what is your Father's attitude toward you?

4. How does 1 John 4:10 describe God's attitude toward you?

5. What about Romans 15:7? How does it describe God's attitude toward you?

6. Do you think it's important for you to know God as your Father? Why or why not?

7. The following passages describe God with different characteristics of a Father. For example, 2 Corinthians 1:3 calls God “the Father of mercies.” Look up each passage below and fill in the descriptive word or phrase that describes a characteristic of the Father.

- Matthew 5:48—“...as your Heavenly Father is _____.”
- Matthew 6:18—“...your Father who sees in secret will _____.”
- Luke 11:13—“...how much more will your heavenly Father _____
_____ _____ _____
_____ _____?”
- John 14:2-3—“In my Father’s house _____
_____.”
- John 16:23—“...if you shall ask the Father for anything in My name, He _____.”
- Romans 1:7b—“...called as saints: _____
_____ from God our Father and the Lord Jesus Christ.”
- Romans 8:16—“The Spirit Himself testifies with our spirit that _____
_____.”
- 2 Corinthians 1:3b—“Blessed be the God and Father of our Lord Jesus Christ, the Father of _____ and God of _____
_____.”
- Ephesians 1:3—“Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with _____
_____ _____
_____.”

- Ephesians 1:17—"...that the God of our Lord Jesus Christ, the _____, may give to you _____ of _____ and of _____ in the _____."
- Ephesians 3:14-19—"For this reason, I bow my knees before the _____, from whom every family in heaven and on earth derives its name, that He would grant you, according to _____, to be _____ through _____ in the _____, so that _____ may _____ in your _____ through _____; and that you, being _____ and _____ in _____, may be able to _____ with _____ what is the _____ and _____ and _____ and _____, and to know _____ of _____ which _____, that you may be _____ up to all the _____ of _____."
- James 1:17—"Every _____ and every _____ is from above, coming down from the _____ of _____, with whom there is no _____ or _____."
- 1 Peter 1:3—"Blessed be the _____ and _____ of our _____, who according to His _____ has caused us to be _____ to a _____ through the _____ of _____ from the dead."

DAY THREE

CHARACTERISTICS OF THE FATHER (1 OF 3)

Because these exercises are so important, and because several of them will take a long time to complete, you will complete some today, some tomorrow, and the remaining portion on Day Five. These exercises are designed to be used again and again as an ongoing devotional practice. Follow the instructions carefully.

INSTRUCTIONS FOR RELATIONAL EXERCISES

Because it is so important that you know God intimately as your Father, the following exercises are an intensive personal and subjective assessment to help you discover that relationship. Take as much time you need to carefully complete each portion in its entirety.

These exercises are designed to allow you to rate your relationship with your heavenly Father. The structure is entirely subjective, which means that there are no wrong answers. To ensure that each section reveals your true feelings, follow these instructions carefully:

1. To arrive at an accurate relationship rating, it is imperative that you answer openly and honestly. Do not answer questions from your theological knowledge of God; answer each one based instead upon your own personal, experiential knowledge. Do not answer how your relationship “ought to be” or “what you hope it could be,” but answer what it truly is right now. If these exercises are to achieve their purposes, you must be absolutely candid and honest in your answers.
2. Some people feel that God might be unhappy with them if their answers indicate they feel negatively about him. Nothing could be further from the truth! Ask the Holy Spirit to guide you as you rate your relationship with the Father. Remember, He already knows how you feel anyway—and He accepts you.

3. To guide you as you begin each exercise, you may find it helpful to form questions about each characteristic that match the format we are using. For example: “How often do I honestly feel that God loves me?” or “How frequently do I really know and experience God’s majesty?” Your answers will give you subjective values that you can assign to each question.
4. You might also find it helpful to recall not just normal situations, but also times of stress and difficulties. **Who was God to you during those challenging times?**
5. Through rating your experiential relationship with the Father based upon a variety of characteristics, you will be rating your overall relationship Him. For each characteristic, rate your feelings using the scale provided, circling the appropriate number that indicates your choice.

FATHERCARE

Caring	1	2	3	4	5	6	7
Loving	1	2	3	4	5	6	7
Kind	1	2	3	4	5	6	7
Understanding	1	2	3	4	5	6	7
Strong	1	2	3	4	5	6	7
Calm	1	2	3	4	5	6	7
Pleasant	1	2	3	4	5	6	7
Approving	1	2	3	4	5	6	7
Sensitive	1	2	3	4	5	6	7
Listens	1	2	3	4	5	6	7

1 - ALWAYS
 2 - VERY OFTEN
 3 - OFTEN
 4 - SOMETIMES
 5 - SELDOM
 6 - HARDLY EVER
 7 - NEVER

For each characteristic where you selected a “3” or higher, mark an “X” next to that characteristic below. (For now, all you need to do is make your marks. You will review the descriptions on Day Five.)

_____ Caring—Matthew 6:26; 1 Peter 5:7

He cares for me as only a loving father can care for his child.

Not only does he care for me, but He also cares about me.

_____ Loving—John 3:16; Romans 5:8; Ephesians 3:14–19

He loves me for who I am, not for what I do.

His love for me is unconditional and unceasing.

_____ Kind—Psalm 103:13; Romans 2:4; Ephesians 1:5

Our Father is a kind and considerate Person to us, His children.

He always has a kind and encouraging word for me.

_____ Understanding—Psalm 103:14; 139:1; Hebrews 4:15

My Father understands me as a person.

He understands me in my moods, my feelings, my thoughts, and my actions.

_____ Strong—Psalm 93:1; 105:4; 106:8; Ephesians 6:10–13

My Father is strong and powerful on my behalf.

His strength becomes my strength. He is the strongest of the strong.

_____ Calm—Psalm 37:7; Matthew 11:28; John 14:1

I find my tranquility in my Father's calmness. He is never hurried or harassed.

He calms the anxious heart and turns senseless activity into creative productivity.

_____ Pleasant—Psalm 16:11; 21:6; 147:1

My Father is absolutely pleasant. Being in His presence is a pleasure.

He is altogether lovely.

_____ Approving—John 6:27 with Colossians 3:3

My Father gives me unconditional approval.

His approval is based on who I am in Him and not on what I do or what I have.

_____ Sensitive—Psalm 94:9; 139:1-6, 17-18; Hebrews 4:15

My Father is sensitive to my every mood and thought.

He is sensitive to my needs and my desires.

_____ Listens—Psalm 55:17; 102:17; 116:1-2

My Father listens to me. He takes time to be involved in who I am and what I do.

He feels that what I have to say is important. If it's important to me, it's important to Him.

FATHERKING

King	1	2	3	4	5	6	7
Majestic	1	2	3	4	5	6	7
Awesome	1	2	3	4	5	6	7
Great	1	2	3	4	5	6	7
Victorious	1	2	3	4	5	6	7
Gracious	1	2	3	4	5	6	7
Honorable	1	2	3	4	5	6	7
Just	1	2	3	4	5	6	7
Good	1	2	3	4	5	6	7
Righteous	1	2	3	4	5	6	7

1 - ALWAYS

2 - VERY OFTEN

3 - OFTEN

4 - SOMETIMES

5 - SELDOM

6 - HARDLY EVER

7 - NEVER

For each characteristic where you selected a “3” or higher, mark an “X” next to that characteristic below. (For now, all you need to do is make your marks. You will review the descriptions on Day Five.)

_____ King—Psalm 47:7; 95:3; John 1:12

My Father is the sovereign king of the whole universe. He is the King Most High!

I am a child of the King. I am a prince/princess. He enables me to think as a child of the King, act as a child of the King, and be the child of a King.

_____ Majestic—1 Chronicles 29:11-13; Psalm 93:1

My Father is majestic. He rules and reigns on high. How great He is!

He desires my participation in His majesty. He freely shares all of it with me.

_____ Awesome—Exodus 15:11; Psalm 99:3

My Father is awesome in His ability to love and protect me.

He is awesome in His strength, power, and holiness.

_____ Great—Psalm 86:10; 99:2

Greatness becomes my Father. He is before all things and above all things. He presides over all things.

He makes me an integral part of His greatness. I find my greatness in Him.

_____ Victorious—Psalm 98:1; Zephaniah 3:17

My Father is victorious over all things—the world, the flesh, and the devil.

His victory allows me to be victorious.

_____ Gracious—Psalm 86:15; 111:4; 119:132; Ephesians 1:7-8

He is gracious to me no matter how I act toward Him.

He lavishes His grace on me as His precious child.

_____ Pleasant—Psalm 16:11; 21:6; 147:1

My Father is absolutely pleasant. Being in His presence is a pleasure. He is altogether lovely.

_____ Just—Deuteronomy 32:4; Psalm 89:14; 99:4

My Father is absolutely just. I know He is impartial.

I know He will be just with me no matter what.

_____ Good—Psalm 34:8; 100:5; 106:1

My Father is good, a good Person in every sense.

He is so good to me. He insists on giving me everything out of the goodness of His heart.

_____ Righteous—Deuteronomy 32:4; Psalm 11:7; 111:3; 119:137

My Father is absolutely righteous, even though He has been tempted in all of the same ways that I have.

Because He is righteous, He has made me to be righteous—not because of what I do, but because of who I am in Him.

FATHERSAVIOR

Redeemer	1	2	3	4	5	6	7
Merciful	1	2	3	4	5	6	7
Forgiving	1	2	3	4	5	6	7
Compassionate	1	2	3	4	5	6	7
Gentle	1	2	3	4	5	6	7
Beautiful	1	2	3	4	5	6	7
Cleanses	1	2	3	4	5	6	7
Holy	1	2	3	4	5	6	7
Pardons	1	2	3	4	5	6	7
Reasonable	1	2	3	4	5	6	7

1 - ALWAYS

2 - VERY OFTEN

3 - OFTEN

4 - SOMETIMES

5 - SELDOM

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7 - NEVER

For each characteristic where you selected a “3” or higher, mark an “X” next to that characteristic below. (For now, all you need to do is make your marks. You will review the descriptions on Day Five.)

_____ Redeemer—Psalm 19:14; Isaiah 63:16; Jeremiah 50:34

My Father cared enough to redeem me out of the authority of darkness.

He redeemed me from the power of sin and from the hold of Satan and placed me in His kingdom.

_____ Merciful—2 Samuel 24:14; Psalm 86:15; Ephesians 2:4

My Father is always merciful to me, regardless of my circumstances.

In the dark storms of self-reproach and condemnation, He is always merciful.

_____ Forgiving—Psalm 86:5; 103:10-12; Hebrews 10:17

He has forgiven me completely and totally for all my sins and transgressions, past, present, and future.

He forgives and forgets—He wipes the slate of my heart clean.

_____ Compassionate—Psalm 103:8, 13; 111:4; Matthew 9:36

My Father's heart is full of compassion for me, for He has shared intimately all of my pain, hurt, and sorrows.

Through His compassion, He affirms and supports me.

_____ Gentle—Psalm 18:35; Matthew 11:29; 21:5

He is a gentle Person and He deals with me gently.

My Father's gentleness permeates my being, making me a gentle person.

Beautiful—Psalm 27:4; 96:6

He is the lily of the valley, the bright and morning star, the fairest of ten thousand.

My Father is a beautiful Person, and He believes that I am also a beautiful person.

Cleanses—Isaiah 1:18; Acts 15:9; 1 John 1:9

The blood of Christ cleanses me from all unrighteousness.

No matter the defilement, my Father cleanses me, moment by moment.

Holy—Psalm 99:3, 5, 9; 108:7

The beauty of holiness shrouds my Father.

Because He is absolutely holy, He makes me holy.

Pardons—Psalm 103:3; Romans 8:1; Hebrews 10:17

He freely pardons me—all my sins, all my transgressions, even the defilement—is pardoned. I am free.

The Father took me as His precious child and sacrificed His Son to pardon me.

Reasonable—Isaiah 1:18; 1 Corinthians 10:13

My Father reasons with me, which reassures me that I am important to Him.

He never demands more than I am actually able to give. He is reasonable in every way.

FATHERFRIEND

Friend	1	2	3	4	5	6	7	
Faithful	1	2	3	4	5	6	7	
Patient	1	2	3	4	5	6	7	
Delightful	1	2	3	4	5	6	7	
Truthful	1	2	3	4	5	6	7	
Counselor	1	2	3	4	5	6	7	
Supportive	1	2	3	4	5	6	7	
Humble	1	2	3	4	5	6	7	
Joyful	1	2	3	4	5	6	7	
Discerning	1	2	3	4	5	6	7	

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3 - OFTEN
4 - SOMETIMES
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For each characteristic where you selected a “3” or higher, mark an “X” next to that characteristic below. (For now, all you need to do is make your marks. You will review the descriptions on Day Five.)

Friend—John 15:13-15

My Father is my friend. He is closer to me than a brother.

Since He is my friend, I can call on Him at any time. He is never too busy for me.

Faithful—Numbers 23:19; Psalm 89:1,2, 5, 8; 100:5; Lamentations 3:23-24

My Father is absolutely faithful to me as a person.

His faithfulness to me never lags and will never end.

_____ Patient—Psalm 86:15; 103:8; 1 Corinthians 13:4

My Father is so patient with me. When it comes to me, nothing affects His patience.

I cannot provoke Him, and He never holds anything against me.

_____ Delightful—Psalm 18:19; 27:4; Zephaniah 3:17

My Father delights in me because I am me; that is enough for Him.

He is a delightful and pleasing Person.

_____ Truthful—Psalm 86:15; 89:14; 108:4; John 14:6

My Father is always truthful to me and to everyone else. He cannot be untruthful.

He builds His truthfulness into me. I can be truthful because He is truthful.

_____ Counselor—Job 12:13; Psalm 73:24; Proverbs 19:21; Isaiah 9:6

There is nothing that I cannot bring before my Father to seek His counsel about.

He never condemns or belittles what I ask Him. His advice never fails.

_____ Supportive—Psalm 37:23-24; Isaiah 41:10

My Father supports and cares for me.

I know that whatever I attempt, He is there. What He requires of me, He gives me the strength and power to do.

_____ Humble—Matthew 11:29; Philippians 2:6-11

The King of kings humbled Himself for me.

Out of my Father's humbleness, I find my humility.

_____ Joyful—Isaiah 62:5; Zephaniah 3:17; John 15:11

My Father is always joyful. He is filled with joy. He is a Father of joy.

His joy for me and in me produces my joy. I can rejoice in Him.

_____ Discerning—1 Samuel 16:7; Jeremiah 17:10; Mark 2:8

My Father knows my heart. Nothing is hidden from Him.

I can be completely myself with Him. Because He already knows my heart, I don't have to be a phony.

DAY FOUR

CHARACTERISTICS OF THE FATHER (2 OF 3)

Today you will continue with exercises just like yesterday with the next set of characteristics. Just as before, for each characteristic, rate your feelings using the scale, circling the appropriate number that indicates your choice. (Refer back to the instructions from yesterday if you need to refresh your memory.)

FATHERPROVIDER

Provider	1	2	3	4	5	6	7
Trustworthy	1	2	3	4	5	6	7
Adequate	1	2	3	4	5	6	7
Generous	1	2	3	4	5	6	7
Fair	1	2	3	4	5	6	7
Steadfast	1	2	3	4	5	6	7
Wealthy	1	2	3	4	5	6	7
Concerned	1	2	3	4	5	6	7
Satisfies	1	2	3	4	5	6	7
Giver	1	2	3	4	5	6	7

1 - ALWAYS
2 - VERY OFTEN
3 - OFTEN
4 - SOMETIMES
5 - SELDOM
6 - HARDLY EVER
7 - NEVER

For each characteristic where you selected a “3” or higher, mark an “X” next to that characteristic below. (For now, all you need to do is make your marks. You will review the descriptions on Day Five.)

_____ Provider—Psalm 23; Isaiah 58:11; Matthew 6:25–34; Philippians 4:19

My Father provides for my every need: emotional, spiritual, and physical.

I can rest securely, knowing that He will provide for me as He has promised.

_____ Trustworthy—Psalm 9:10; 18:2; 65:5; 2 Corinthians 1:20

In every way, in every circumstance of life, my Father is trustworthy.

He is worthy of the trust I place in Him.

_____ Adequate—1 Chronicles 29:12; Psalm 73:25–28; 2 Corinthians 3:5

My Father is totally adequate for all my needs. He is, in and of Himself, totally adequate and sufficient.

His adequacy is the basis for my own personal adequacy; my adequacy is in Him and comes from Him.

_____ Generous—Matthew 7:9–11; John 3:34; Romans 8:32; Philippians 4:19

My Father withholds nothing good from me. He lavishes the riches of His grace upon me.

He freely and bountifully gives me all good things.

_____ Fair—Deuteronomy 32:4; Psalm 98:9; 99:4

My Father is fair in all of His dealings with me.

I know that He will never, ever be unfair with me.

_____ Steadfast—Psalm 31:3; Isaiah 40:8; 2 Thessalonians 3:5; Hebrews 13:8

What security I can have because my Father is steadfast and unmovable.

He is like a rock; I can truly trust Him.

_____ Wealthy—Psalm 50:10; 2 Corinthians 8:9

My Father owns the cattle on a thousand hills. He is rich beyond comprehension. His wealth is my wealth, right now, as my present possession.

My Father's real wealth is me. I am His inheritance.

_____ Concerned—Matthew 6:28-32; 10:29-31; 1 Peter 5:7

My Father is deeply concerned with the intimate details of my life.

I can trust Him because He cares about me.

_____ Satisfies—Psalm 103:5; 107:9; 128:1-4; 147:14

In my Father I am fulfilled.

He satisfies me beyond my wildest dreams.

_____ Giver—Psalm 37:4; John 3:34; Romans 8:32; James 1:17

My Father does not withhold any good thing from me, His child.

He brings gifts and gives them to me: the gift of His Spirit and spiritual gifts, as well as material blessings.

FATHERPROTECTOR

Protective	1	2	3	4	5	6	7
Secure	1	2	3	4	5	6	7
Preserver	1	2	3	4	5	6	7
Alert	1	2	3	4	5	6	7
Deliverer	1	2	3	4	5	6	7
Defender	1	2	3	4	5	6	7
Cherishes	1	2	3	4	5	6	7
Advocate	1	2	3	4	5	6	7
Forceful	1	2	3	4	5	6	7
Courageous	1	2	3	4	5	6	7

1 - ALWAYS
 2 - VERY OFTEN
 3 - OFTEN
 4 - SOMETIMES
 5 - SELDOM
 6 - HARDLY EVER
 7 - NEVER

For each characteristic where you selected a “3” or higher, mark an “X” next to that characteristic on the chart below:

_____ Protective—Psalm 91; 118:6-9; 2 Thessalonians 3:3
 My Father protects me because He loves me.

As His precious child, He protects me.

_____ Secure—Psalm 18:2; Proverbs 3:25-26; 29:25; Hebrews 13:8
 In an insecure world, my Father gives me security.

The world offers no sanctuary of security; that only comes in Him.

_____ Preserver—Psalm 97:10; 119:114; Isaiah 54:17; John 10:29
 My Father preserves me and keeps me from all harm.

He maintains (preserves) His righteousness in me.

Alert—2 Chronicles 16:9; Psalm 121:3-4; 139:1-12

If His eye is on the sparrow, then I know He watches me.

My Father watches over me even in the night watches. I am never alone.

Deliverer—Psalm 97:10; 107:6; 1 Corinthians 10:13

My Father delivers me from the hand of the enemy.

He delivers me from all temptation.

Defender—Psalm 10:18; 27:1; 108:13; Zechariah 9:15

My Father protects and defends me from myself and from my enemies.

He stands up for me and is a shield to me.

Cherishes—Psalm 18:19; Zephaniah 3:17; Ephesians 5:29

My Father delights in me.

He cherishes me as a person dear to His heart.

Advocate—Hebrews 7:25; 1 John 2:1

My Father speaks up for me and defends me.

He proclaims to Satan that I am “not guilty.”

Forceful—Isaiah 40:10-26; Mark 10:27; Luke 1:37

My Father accomplishes with ease that which man finds impossible.

He forcefully conquers His enemies and mine.

Courageous—Psalm 24:8; Acts 14:3; 1 Thessalonians 2:2; 2 Timothy 1:7
 My Father courageously faces the foe on my behalf. I need not fear anything.

He builds courage in me. In Him I find that courage is not the absence of fear, but the victory over it.

FATHERLOVE

Loving	1	2	3	4	5	6	7	
Considerate	1	2	3	4	5	6	7	
Comforting	1	2	3	4	5	6	7	
Encouraging	1	2	3	4	5	6	7	
Lover	1	2	3	4	5	6	7	
Accepting	1	2	3	4	5	6	7	
Intimate	1	2	3	4	5	6	7	
Pleasing	1	2	3	4	5	6	7	
Rewarder	1	2	3	4	5	6	7	
Appreciative	1	2	3	4	5	6	7	

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For each characteristic where you selected a “3” or higher, mark an “X” next to that characteristic below. (For now, all you need to do is make your marks. You will review the descriptions on Day Five.)

Loving—1 Corinthians 13:4-8; 1 John 4:9-10
 My Father is altogether loving. He is full of love.

He inspires love and affection in me.

_____ Considerate—Psalm 139:17-18 (NIV—see marginal note); Isaiah 54:4-7;
Jeremiah 29:11

My Father is considerate of me. Even when I am wrong, His consideration does not change.

He never neglects or ignores me. I am very important and special to Him.

_____ Comforting—Psalm 68:5; 94:19; 2 Corinthians 1:3-4

He comforts me in all the trials and tragedies I face.

My Father's comfort extends even to the most intimate areas of my life. There's nothing I can't share with Him.

_____ Encouraging—Isaiah 35:2-4; 40:31; Romans 15:4-5

My Father encourages me constantly.

No matter what I face—the pain I feel, the hurt I experience—He is always encouraging me.

_____ Lover—Romans 5:8; Ephesians 2:4; 3:17-19

He is the lover of my soul. He tenderly watches over me and cares for me.

I am secure and confident in my Father's aggressive yet tender love for me.

_____ Accepting—Romans 14:3-4; 15:7

My Father accepts me as a person, with all my hang-ups, all my sins, all my guilt. He accepts me just as I am.

He accepts me on the basis of who I am, not based on what I do.

_____ Intimate—Psalm 139; Proverbs 3:32; John 17:23

My Father is not ten million light years away from me. He's with me all the time.

He is not vague; He's real. He cares and He loves.

_____ Pleasing—Psalm 23:6; Matthew 11:28–30; John 1:14; Philippians 2:13

What a pleasing Person my Father is. His presence is like the radiance of the sun.

Not only does He try in every way to please me, but He makes me want to please Him.

_____ Rewarder—2 Timothy 4:7–8; Hebrews 11:6; James 1:12

My Father has promised to give me crowns.

Knowing Him intimately is reward enough in eternity.

_____ Appreciative—Matthew 24:45–47; Luke 6:38; 2 Corinthians 9:6–11

My Father always shows His appreciation for my efforts on His behalf.

He appreciates me as a person.

FATHERLEADER

Guide	1	2	3	4	5	6	7
Bold	1	2	3	4	5	6	7
Confident	1	2	3	4	5	6	7
Perfect	1	2	3	4	5	6	7
Devoted	1	2	3	4	5	6	7
Commander	1	2	3	4	5	6	7
Authoritative	1	2	3	4	5	6	7
Loyal	1	2	3	4	5	6	7
Sufficient	1	2	3	4	5	6	7
Decisive	1	2	3	4	5	6	7

1 - ALWAYS
2 - VERY OFTEN
3 - OFTEN
4 - SOMETIMES
5 - SELDOM
6 - HARDLY EVER
7 - NEVER

For each characteristic where you selected a “3” or higher, mark an “X” next to that characteristic below. (For now, all you need to do is make your marks. You will review the descriptions on Day Five.)

_____ Guide—Psalm 73:24; 107:30; Isaiah 58:11

I know that no matter what the call, my Father guides my way, step by step.

His will is not elusive and will-o'-the-wisp, but a definite statement of His desires for me.

_____ Bold—Psalm 76:3-9; Hebrews 4:16; Revelation 19:11-16

My Father is bold for me.

He imparts boldness to me. He makes me bold.

_____ Confident—Isaiah 41:13; 42:8; 45:5; 2 Corinthians 3:5

My Father is supremely confident. He knows what He is about.

Out of His confidence, He builds confidence in me.

_____ Perfect—Deuteronomy 32:4; 2 Samuel 22:31 (NIV); Psalm 18:30 (NIV);

Hebrews 7:28

Can anyone be as perfect as my Father? He is perfect in and of Himself. He is perfect to me.

He is the perfect Person for me, to make me everything that I could never be in and of myself.

_____ Devoted—Hebrews 13:5-6; 1 John 3:1-2

My Father is devoted to me. He pours out His affection and love on me.

His devotion for me drove Him to the Cross. I am that worthy in His sight.

_____ Commander—2 Chronicles 13:12; Psalm 33:9; 47:3, 9; Isaiah 55:4

My Father is the Commander of the host of the Lord.

He is in charge. I don't need to fear anything.

_____ Authoritative—Matthew 7:29; 9:6; 10:1; 28:18

My Father speaks with authority.

He commands the attention and obedience of all.

_____ Loyal—John 10:29; Romans 8:31-39; Hebrews 13:5

My Father's loyalty to me as His child never ceases.

He protects loyally. He never embarrasses or humiliates me. He cares that I remain loyal and obedient to Him.

_____ Sufficient—2 Corinthians 9:8; 12:9-10

My Father is sufficient for my every need, for every situation and circumstance in my life.

His Sufficiency guarantees that in my weakness His strength will be made perfect.

_____ Decisive—Psalm 33:9; 2 Corinthians 1:18-20

My Father is decisive. He speaks and it is done.

He knows where He's going and how to get there. My indecision is swallowed up in His decisiveness.

FATHERTEACHER

Instructor	1	2	3	4	5	6	7
Wise	1	2	3	4	5	6	7
Creative	1	2	3	4	5	6	7
Helpful	1	2	3	4	5	6	7
Lovingly Kind	1	2	3	4	5	6	7
Disciplines	1	2	3	4	5	6	7
Hopeful	1	2	3	4	5	6	7
Favor	1	2	3	4	5	6	7
Light	1	2	3	4	5	6	7
Respectful	1	2	3	4	5	6	7

1 - ALWAYS
 2 - VERY OFTEN
 3 - OFTEN
 4 - SOMETIMES
 5 - SELDOM
 6 - HARDLY EVER
 7 - NEVER

For each characteristic where you selected a “3” or higher, mark an “X” next to that characteristic below. (For now, all you need to do is make your marks. You will review the descriptions on Day Five.)

_____ Instructor—Psalm 25:8-9; 32:8; John 14:26; 2 Timothy 3:16-17

My Father carefully, patiently instructs me in everything.

He fully prepares me to live a life for Him.

_____ Wise—Job 9:4; 12:13; Psalm 104:24; Romans 16:27; James 1:5

My Father is wise beyond imagination. I cannot fathom His wisdom, but it is always the best for me.

He imparts His wisdom to me so that I might be truly wise.

_____ Creative—Psalm 102:25; 104:1-24; John 1:3; Ephesians 2:10;
2 Corinthians 5:17

In His creative genius, He carefully fashions everything that exists.

My Father created me twice—once in His image, and then again in spirit.

_____ Helpful—Psalm 10:14; 54:4; 121:1-2; John 14:16; Hebrews 13:6
My Father is my Helper.

What I find impossible in my own strength, I can do in His.

_____ Lovingly Kind—Psalm 25:6; 86:5; 89:1; 103:10-14
My Father constantly extends His loving kindness toward me.

His loving kindness forms a shield over me, a guard in front of me, and a hedge behind me.

_____ Disciplines—Psalm 94:12; Isaiah 30:20-21; Hebrews 12:5-11; Revelation 3:19
My Father will not allow me to stray into danger.

He tenderly corrects me so that I may live life at its best.

_____ Hopeful—Jeremiah 29:11; 33:3; Romans 15:4
My Father never gives up on me; He's always optimistic for me.

He gives me hope out of the great hope within Him.

_____ Favor—Psalm 30:5; 89:17
I find my Father's favor in my intimacy with Him.

His favor suffices. It strengthens and keeps me.

_____ Light—Psalm 4:6; 27:1; John 1:9; 8:12

My Father is the light of life, the light of the world.

In the darkness of my path of life, His light carefully guides my way.

_____ Respectful—Job 1:8; 2:3; John 15:15; Hebrews 2:9-13

My Father respects me because He loves me as a person.

I don't have to earn His respect; He gives it to me freely.

DAY FIVE

CHARACTERISTICS OF THE FATHER (3 OF 3)

Now that you have completed marking how you feel about the characteristics of God, it's time to go back and review what the truth of His Word says about each. To help you in the “reparenting” process, you will be going back to Days Three and Four and looking at each characteristic for which you marked an “X” and asking yourself these questions as you review:

1. For my situation, which passage most clearly supports the point made for this characteristic?

Note: Unless otherwise indicated, the Scriptures referenced in this study are based upon the wording of the New American Standard Version of the Bible. Wording may vary in other translations.

2. Are there any cross-references or other passages that might better highlight or emphasize this particular characteristic for me?
3. Have I personally had an experience with God in which this trait was made clear to me? If not, do I have trouble believing that this is true—that is, that God truly is this way?
4. As I meditate upon this trait in God's character, what emotions rise to the surface? What do those emotions tell me about the condition of my belief system?
5. How does this characteristic motivate me toward a greater love for God Himself, rather than simply to “serve in His name” or to seek His gifts?

HIDING GOD'S WORD IN OUR HEARTS

For each characteristic that you marked with an "X" on Days Three and Four, choose the verse that speaks most to you and begin memorizing it. A proven method to assist memorization is to write out a verse several times in longhand over a period of days, read it aloud to yourself several times, and then meditate frequently on all that it means to you.

SAMPLE "PARENTING" PRAYER

When you conclude the Bible study for each characteristic you marked, write out a prayer to God. Establish a consistent prayer time, and begin praying out loud about that characteristic. Be sure that you say aloud that you want to "put off" your wrong ideas about God and begin "putting on" right ideas about Him. (For more information about "putting off" and "putting on" or the "Principle of Identification," refer to *Pneumanetics Original Book 10, Living on the Cutting Edge*, available at www.histruthtransforms.org.) In your prayer, thank Him for who He is and for how He has shown Himself to you. Ask Him to continue revealing Himself to you as the perfect Father that He is. In your prayer, acknowledge the characteristic of God that you now believe to be true according to His Word. While certainly you may use the prayer that follows as a template, be sure to personalize it by writing it in your own words. Also, make sure that each prayer you write reflects the characteristic about which you are praying.

Note: *The prayer that follows is an example for the characteristic of "loving":*

"My Father, I always considered You an unloving God, but now I know that You are a loving Father to me. I choose now in faith to put off my false belief, and I choose to Put on the belief that You are loving to me. I choose to believe what Your Word says about You, not my feelings or reason or past experiences. I know Your Word says that You love me as a person, and that Your love is not based on my performance, on what I have, or on what I can achieve. Thank You, my Father, for loving me unconditionally. Thank You for revealing Yourself to me. Please continue to show me those things which will help me become even more intimate with You. Amen."